

Let's Get Organized at Work

Jane Veldhoven, Certified Professional Organizer® A proud member of:



jane@getorganizedbydesign.ca (902) 229-5263

© Get Organized by Design 2017

These Factors Determine Your Productivity

The Smart Productivity System defines the thirteen distinct factors, categorized into 4 key areas that determine the level of productivity one can achieve.

4 Key Areas	Productivity Factors	Suggested Content
Space	Organize	General order and functionality of office/desk space shelving, storage
Order in your physical and digital space enables you to find information you	Paper File System	File system set up for easy use and maintenance, active work files
need quickly and effortlessly	Digital File System	Clean up and folder set up for easy use and maintenance
Tools	Task & Project Management	T&P management system, capture tools (ex: notebook), workflow process
Functional systems and tools help manage the influx of tasks, projects, commitments and other incoming work	Email Management	Folder system, Action Emails, Reduce, Manage, Efficiency
Performance	Resources	Processing Modalities, Strengths, Support, Self Knowledge, Skills, Abilities
How you manage yourself throughout the day greatly determines how successful you feel at the end of the day	Self Management	Decision Making, Procrastination, Perfectionism
	Boundary Setting	Saying No, Interruptions, Multi-tasking
	Delegating	Reasons to delegate, when you don't have staff to delegate to
	Planning	Prime Time, Bookending, Calendar, Energy and Time management
	Prioritizing	Priority Matrix, Priority Management, Urgent/Important
Balance	Self Care	Quality & Quantity of sleep, Water, Nutrition, Movement, Exercise
Looking after your foundational needs plays an essential role to	Stress Management	Detach from work/technology, De-Stress Techniques
productivity since when you feel good you work well	Personal Values	Values & Needs Exercise

		How	org	ganiz	zed a	are `	You'	?	
1	2	3	4	5	6	7	8	9	10
Extrem Disorga					erfectly rganized				

I need to improve in the following areas:

- o Space
- o Tools
- o Performance
- o Balance

What to Keep? What to Toss?

- Make room for essential items
- Decide to decide
- Focus on what you use

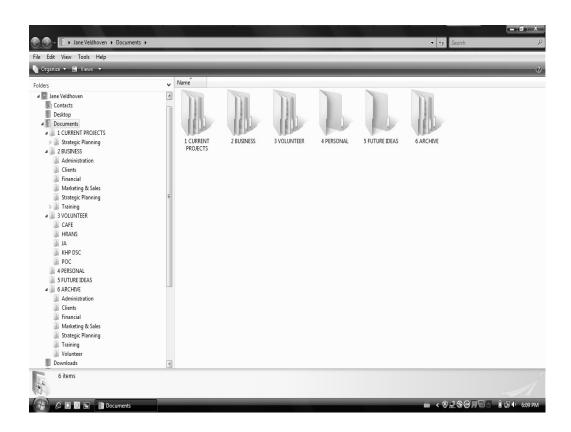
QUESTIONS TO ASK YOURSELF

- Is it recent enough to be useful?
- Does this require action?
- Can I identify a specific use for it?
- Is it difficult to obtain this again?
- When was the last time I used this?
- Are there tax or legal reasons why I must keep this?

-inally, ask yourself: What is the worst possible thing that will happen if I toss/delete this?	

FILING SYSTEMS

Standardize your file structure across all information formats - paper, electronic documents, and email.



MANAGING EMAIL

What are 3 challenges you face?

1		
2		
3		

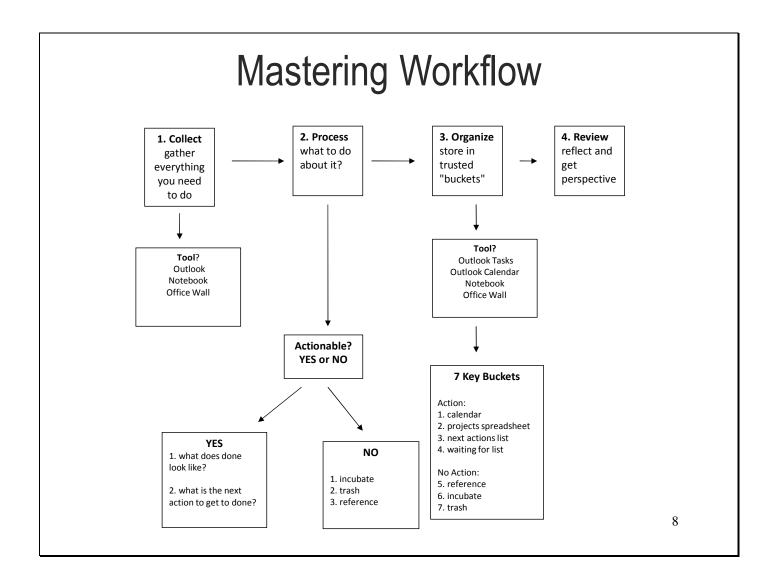
Tips for Managing Email

- Clear Your Inbox Daily
- Read Items Once
- Convert Emails to Tasks or Appointments
- Create Custom Folders
- Schedule Time to Process Max. 3/Day

-		_

······································
I'll remember that.
<u> </u>
l'll do it later.
I'll be done in 5 minutes.
<u>;</u> :;
I'm just going to check my email.
<u>;</u> (
I don't need to write that down.
<u>;</u>
l'll just do one more.
······································
© Eric Tivers, LCSW Tivers Clinical Specialties, PC (2015)

Which of the above do you tell yourself?					
What are the consequences?					



Using Your Calendar

What types of things should you block off in your calendar?

1
2
3
How much open time should you leave in your calendar every week?
Use your calendar as a tool to:
 Manage interruptions Schedule Email time Schedule Task and Project time Schedule Prep time Take control of your day!

Keeping it Real

Ask the tough questions to keep yourself and your projects on track





jane@getorganizedbydesign.ca 902-229-5263





Pinterest

